



Chester Rickard 1934 Niagara River (Photo by Norton Richard)

taking wooded landscapes, open meadows and lush wetlands. You will pass through areas of historic significance and be able to see the remains of steamboats that once provided passage to Grand Island as well as the old wharves and barges that once served the Whitehaven settlement. The trail will bring you close to the emergent marshes and flooded forests at the mouth of Spicer Creek and a heron rookery on nearby Motor Island. Grand Island's only national register property, the Spaulding Boathouse, can also be observed from this trail. The trail passes through segments of the Niagara River that were once hunted and fished by former United States Presidents Grover Cleveland and Theodore Roosevelt.



All photos courtesy Paul Leuchner, Niagara River Greenway Commission, unless credited elsewhere.

Niagara River Greenway Commission

On September 21, 2004, legislation was signed creating the Niagara River Greenway Commission. The Commission is responsible for developing a plan for a linear system of parks and conservation areas that will redefine the Niagara River in terms of its history, economic vitality and ecological significance. Key elements of this plan include public access opportunities along the Niagara River, development of a trail system connecting Lake Erie to Lake Ontario with complementary links to land and water access points and celebration of the region's cultural, environmental and industrial heritage. For more information about the Niagara River Greenway Commission and the annual Paddles Up Niagara event visit our web site at www.niagaragreenway.org



NYS Office of Parks, Recreation, and Historic Preservation
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New York State
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Town of Grand Island
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Niagara River Greenway Commission



Paddles Up



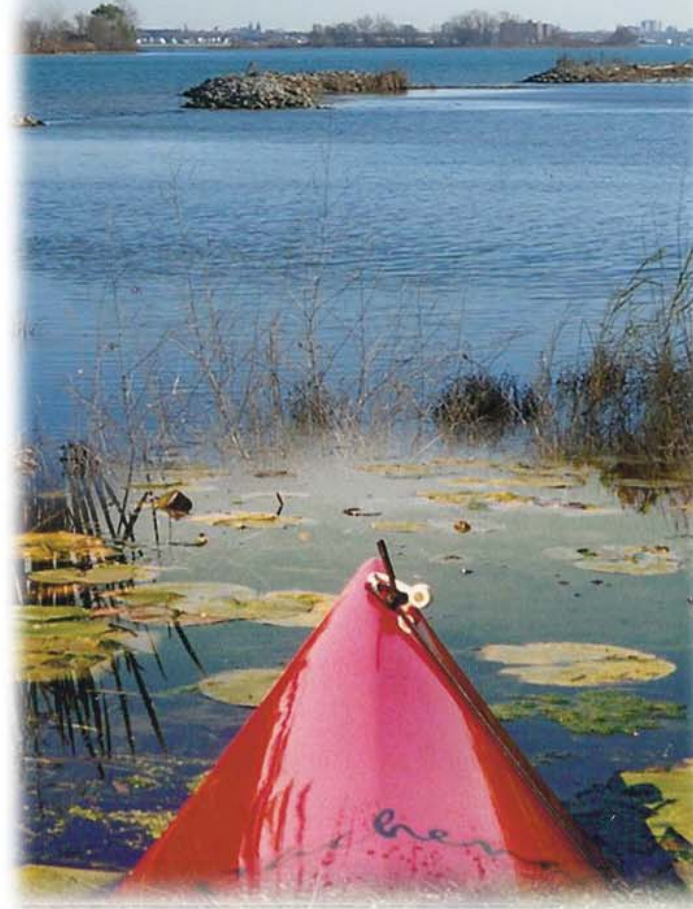
The Paddles Up theme is based on a Native American custom. When canoe travelers approach a waterfront village, peaceful intentions are signified by pointing their paddles skyward.



Niagara River
Greenway
Commission

Paddles Up Niagara Trail

Grand Island, New York



Formed as the last glaciers receded, the Niagara River connects Lake Erie with Lake Ontario. It courses through the diverse landscapes of the Niagara Frontier and includes the world famous Niagara Falls. In addition to serving as the international border between the United States and Canada, the river is steeped in history. Wars have been fought on its waters, its inherent power and strength have been the catalyst for industrial and technical innovation and its boundless beauty has drawn visitors for generations. The Niagara River is 36 miles in length and contains a diversity of natural areas and unique habitats. While the mighty Niagara River may seem wild and unbridled, it has nevertheless served as an important transportation and recreational resource for both the United States and Canada.

The relatively slow-moving waters of the upper Niagara River have been enjoyed by the paddlesports community for many years. In 2006 the



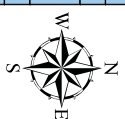
Niagara River Greenway Commission took the unprecedented step of establishing a paddlesports trail in the Niagara River. Known as the Paddles Up Niagara Trail, it is 25 miles in length. The trail follows the perimeter of Grand Island that divides the Niagara River into an east and west channel before rejoining above Niagara Falls. Along the trail a number of public launch and recovery sites have been established for the exclusive use of paddlesports enthusiasts. Whether it's a short trip or a marathon voyage, experience the beauty and majesty of this watercourse, while earning the bragging rights of having paddled on the mighty Niagara.



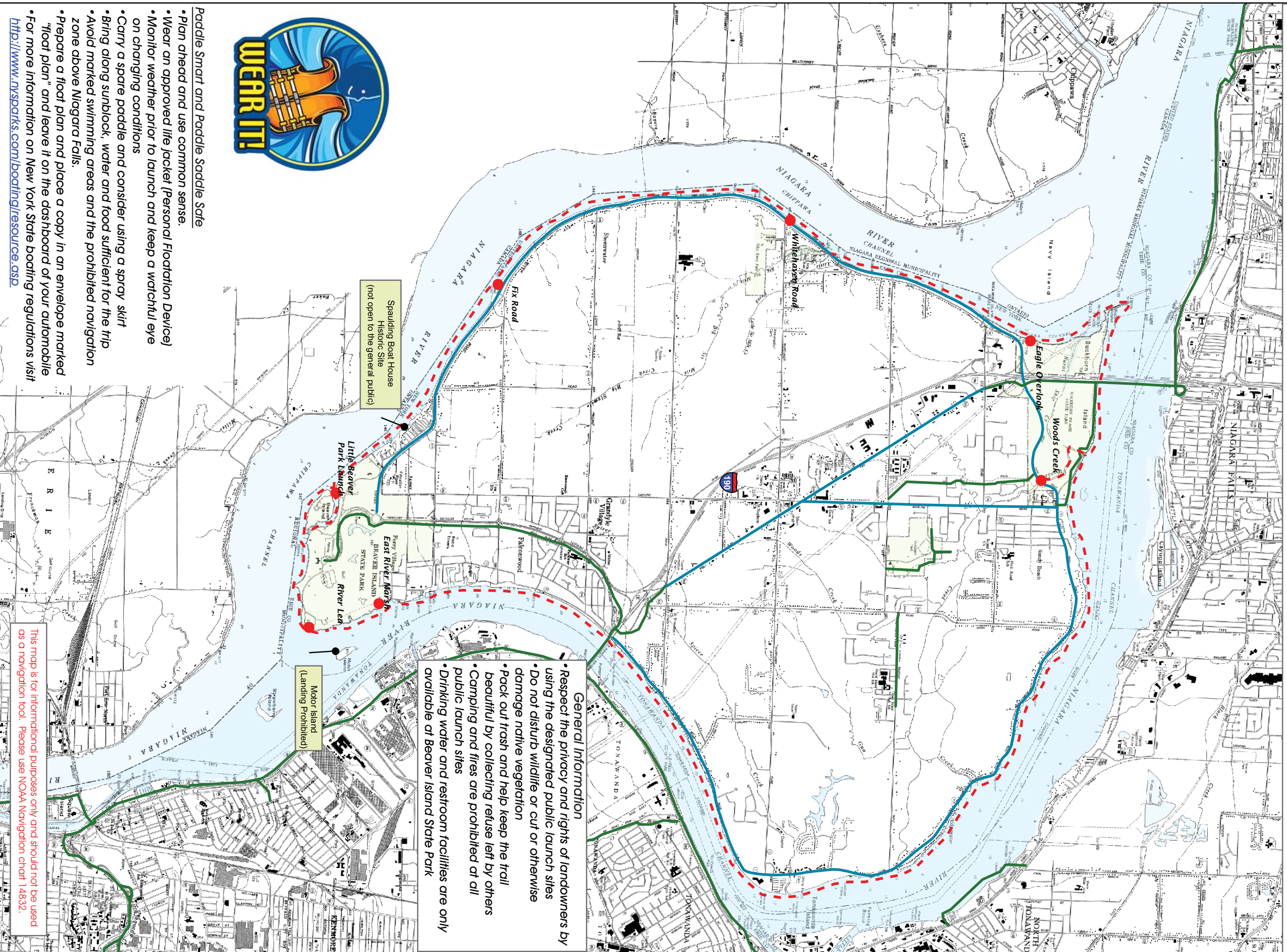
The Paddles Up Niagara trail will take you through two New York State parks with breath-

Approximate Charted Distances in Miles between Launch Sites From the East River Marsh Clockwise Around Grand Island

Launch Site	East River Marsh	River Lea	Little Beaver Island	Fix Road	Whitehaven Road	Eagle Overlook	Woods Creek
East River Marsh	25.0	0.7	2.4	4.8	7.4	10.2	13.4
River Lea	0.7	25.0	1.7	4.1	6.7	9.5	12.7
Little Beaver Island	2.4	1.7	25.0	2.4	5.0	7.8	11.0
Fix Road	4.8	4.1	2.4	25.0	2.6	5.4	8.6
Whitehaven Road	7.4	6.7	5.0	2.6	25.0	2.8	6.0
Eagle Overlook	10.2	9.5	7.8	5.4	2.8	25.0	3.2
Woods Creek	13.4	12.7	11.0	8.6	6.0	3.2	25.0



- Public Launch/Recovery Site
- - - Canoe/Kayak Route
- ~ Existing Bicycle Trails
- ~ On Street Bicycle Routes
- Park or Recreation Area



General Information

- Respect the privacy and rights of landowners by using the designated public launch sites
- Do not disturb wildlife or cut or otherwise damage native vegetation
- Pack out trash and help keep the trail beautiful by collecting refuse left by others
- Camping and fires are prohibited at all public launch sites
- Drinking water and restroom facilities are only available at Beaver Island State Park



Paddle Smart and Paddle Saddle Safe

- Plan ahead and use common sense.
 - Wear an approved life jacket (Personal Flootation Device)
 - Monitor weather prior to launch and keep a watchful eye on changing conditions
 - Carry a spare paddle and consider using a spray skirt
 - Bring along sunblock, water and food sufficient for the trip
 - Avoid marked swimming areas and the prohibited navigation zone above Niagara Falls.
 - Prepare a float plan and place a copy in an envelope marked "float plan" and leave it on the dashboard of your automobile
- For more information on New York State boating regulations visit <http://www.nysports.com/boating/resource.csp>

This map is for informational purposes only and should not be used as a navigation tool. Please use NOAA Navigation chart 14832.